Family Caregiver Supports & Resources:



## Care Partner Support Groups In Person Options 1st Monday of the Month 10:00-11:00am Maplewood Terrace (lower level) | 620 Garfield Ave, Viroqua December 4, 2023 January 8, 2024 February 2, 2024 3rd Thursday of the Month 1:00-2:00pm Soldiers Grove Library | 102 Passive Sun Drive, Soldiers Grove

Soldiers Grove Library | 102 Passive Sun Drive, Soldiers Grove December 21, 2023 January 18, 2024 February 15, 2024

<u>Online Options</u> Thursday Evenings (specific to Dementia) Every Thursday 7:30-8:30pm

3rd Tuesday of the Month 2:00-3:00pm December 19, 2023 January 16, 2023 February 20, 2024

## **NEW! MCI and Early Stage Dementia Group**

McIntosh Library | 205 South Rock Ave, Viroqua WI Group for people with Mild Cognitive Impairment (MCI) or early stage dementia. Last Monday of the Month at 10:00am. Call Teresa at 608.637.5201 to sign up.

January 29, 2024 February 26, 2024

These groups are a safe place to share stories, struggles, successes, & problem solve with others in similar situations.

