

Vernon County Resource Guide

ADULT DAY SERVICES/RESPITE CARE/CAREGIVER SUPPORT

ADULT DAY SERVICES

Milestone Senior Living: 504 Salisbury Circle, Hillsboro • 608-489-3932 • www.milestoneseniorliving.com

Vernon Area Rehabilitation Center (VARC) - Skill Enrichment Services: 1133 Nelson Parkway, Viroqua • 608-637-3934 • www.varcinc.com

MERIT Centre South Adult Day Care: 3900 East Ave. South La Crosse, WI 608-788-2900 www.bsjcorp.com

Causeway Caregivers: 4141 Mormon Coulee Rd, La Crosse, WI 54601 608-775-9999
www.causewaycaregivers.org

OASIS Respite Program: 4141 Mormon Coulee Rd, La Crosse, WI 54601 608-780-0471 www.oasisrespite.org

Woodland Adult Day Center: 1400 W Seminary St, Richland Center, WI 53581 608-647-8931 email: contact@swhills.com

RESPITE CARE

Causeway Caregivers: 4141 Mormon Coulee Rd, La Crosse, WI 54601 608-775-9999
www.causewaycaregivers.org

Our House Senior Living: 240 N Orange St, Richland Center – 608-647-4533 – www.ourhouseSL.com

See supportive home care section for possible resources for in home respite.

See nursing home section for possible out of home respite.

CAREGIVER SUPPORT

Aging and Disability Resource Center of Vernon County: 402 Courthouse Square, Viroqua • 608-637-5201 or 1-888-637-1323 • www.vernoncounty.org

Alzheimer's Association 24-Hour Helpline • 1-800-272-3900 • www.alz.org

Great Rivers 2-1-1: Dial 2-1-1 or 1-800-362-8255

National Family Caregiver Support Program: ADRC of Vernon County 608-637-5201

Tomah VA Medical Center: 500 E. Veterans Street Tomah, WI 54660 608-372-3971 ext. 61103

VA Caregiver Support Line: 1-855-260-3274

ALZHEIMER/DEMENTIA/MEMORY CARE SERVICES

Alzheimer's Association: 1523 Rose Street, La Crosse • 608-784-5011 • www.alz.org

24-Hour Helpline • 1-800-272-3900 Comfort Zone Program • 1-877-259-4850

Safe Return Program • 1-888-572-8566

Alzheimer's Family Caregiver Support Program: Vernon County Department of Human Services 608-637-5210

Gundersen Health System, Memory Disorders Clinic: 1900 South Avenue, La Crosse • 608-775-2338 or 1-800-362-9567 • www.gundersenhealth.org

Mayo Clinic Health System - Dementia Care Program: 700 West Avenue South, La Crosse • 608-392-9505 or 1-800-362-5454 ext. 9505 • www.mayoclinic.org

Our House Senior Living: 240 N Orange St, Richland Center WI – 608-647-5433 – www.ourhouseSL.com

Richland Area Geriatric Assessment Clinic: 1313 W. Seminary Street Richland Center, WI 608-647-6161

Richland Area Geriatric Assessment Clinic – Reedsburg: 2350 North Dewey Ave. Reedsburg, WI 608-647-6161

St Croix North Star Dementia Program: 1-855-278-2764

Southwest Inpatient Care: 1400 Eastside Road Platteville, WI 608-348-2331 www.southwesthealth.org

COMMUNITY BASED RESIDENTIAL FACILITIES (CBRF) WITH DEMENTIA CARE

Bethel Oaks-Memory Care Home: 620 South Garfield, Suite A, Viroqua • 608-637-6310

www.bethelhomeservice.org

Creamery Creek: 1049 Chicago Avenue, Viroqua • 608-638-1600 • www.creamerycreekseniorliving.com

Creamery Creek: 880 Broadway St, Stoddard – 608-457-2888

Milestone Senior Living: 504 Salisbury Circle, Hillsboro • 608-489-3932 • www.milestoneseniorliving.com

DOMESTIC ABUSE RESOURCES

New Horizons Domestic Abuse Shelter: 608-791-2600 or 1-888-231-0066 • www.nhagainstabuse.org

Passages: 1-800-236-4325 24-hour crisis line or 608-647-6317 information www.passagesrc.com

Family and Children's Center: 1321 N Main St, Viroqua, WI 608-637-7052 www.fcconline.org

EMPLOYMENT ASSISTANCE

Aptiv: 3000 South Avenue, La Crosse • 608-784-9450 or 1-800-949-7380 • www.aptiv.org

Employment Partner: 322 East Jefferson Street, Viroqua • 608-606-1910

E3Works: 2615 East Avenue South, La Crosse, WI 5460 1608-386-3389 www.westernwdb.org/wioa-youth

Experience Works: 319 Main Street, Suite 404, La Crosse • 1-888-207-2612 • www.experienceworks.org

Independent Living Resources (ILR): 4439 Mormon Coulee Road, La Crosse • 608-787-1111 or 1-888-474-5745 • TTY 608-787-1148 or 1-888-378-2198 • www.ilresources.org

Insite: 1133 Nelson Parkway, Viroqua • 608-637-3934 • www.insitetowork.com

Older Worker Program/WISE (Wisconsin Senior Employment): 402 North 8th Street, La Crosse • 608-789-5620 or 1-800-742-5627 • www.dhs.wisconsin.gov/wise/employment.htm

UMOS (National Farmworker Jobs Program): SW WI Tech. College Outreach Center 373 W. 6th St, Richland Center • 608-576-8070 or 608-445-6165 • www.umos.org

Vernon Area Rehabilitation Center (VARC): 1133 Nelson Parkway, Viroqua • 608-637-3934 • www.varcinc.com

Veterans Assistance Foundation: 1118 Superior Ave. Tomah, WI 54660 608-372-8387 www.vafvets.org

Veterans Readiness and Employment: 1-800-827-1000

Vernon County Veterans Service Office: 402 Courthouse Square, Suite 100 • 608-637-5323

Western Technical College: 220 South Main Street, Viroqua • 608-637-2612 • www.westerntc.edu

Wisconsin Division of Vocational Rehabilitation (DVR): 220 South Main Street, Room 120, Viroqua • 608-637-6872 or 1-800-523-2139 • www.dwd.wisconsin.gov

Wisconsin JOBNET: dwd.state.wi.us/jobnet/mapwi.htm

Wisconsin Unemployment Hotline • 1-800-UC-CLAIM

Worker's Compensation – Wisconsin • 608-266-1340

Workforce Connections: 220 South Main Street, Viroqua • 608-637-6450 or 1-800-742-5627 • www.workforceconnections.org/vernon.html

Workforce Development • 608-266-3131 • www.dwd.wisconsin.gov

FINANCIAL RESOURCES

REPRESENTATIVE PAYEE SERVICES

Aptiv: 3000 South Avenue, La Crosse • 608-784-9450 or 1-800-949-7380 • www.aptiv.org

Catholic Charities: 413 3rd Street South, La Crosse • 608-782-0710 • www.cclse.org

Flocks Guardians, Inc.: 606 Cap St. Sparta, WI 54656 608-487-9356

GT Financial Services: 215 Broadus Street, Sturgis MI 49091 • 1-877-659-4500 • www.gtindependence.com

Legal Guardianship Services: 210 North Main Street, Viroqua • 608-637-2150

Payee Service Inc.: 390 Red Cedar St. #R Menomonie, WI 54751 715-233-0203

OTHER FINANCIAL RESOURCES

Bethel Butikk Food Pantry and Thrift Store: 341 Black River Avenue, Westby • 608-634-3473

Catholic Charities: 608-782-0710 or 1-888-212-4357 ext. 205 • www.cclse.org

Consumer Credit Counseling Service of La Crosse: 505 King Street, Suite 212, La Crosse • 608-784-8380 • www.ccconline.org

Coulecap: 201 Melby St. Westby, WI 608-634-3104 www.coulecap.org

Good Samaritan Food Pantry and Thrift Store: 128 Mill Street, Hillsboro • 608-489-3627

Salvation Army: 223 8th Street North, La Crosse • 608-782-6126 • www.salvationarmylacrosse.org

University of Wisconsin Extension: 318 Fairlane Drive, #392, Viroqua • 608-637-5276

USDA Rural Development: 138 South Iowa Street, Ste 2, Dodgeville • 608-935-2791 Ext. 4 • www.rd.usda.gov/wi

Wisconsin Housing and Economic Development Authority (WHEDA) Property Tax Deferral Loan Program:
1-800-755-7835

TELEPHONE ASSISTANCE

Lifeline - Contact your local telephone company or cell phone provider for eligibility requirements.

Safelink Wireless Cell Phone Program • 1-800-977-3768

Telecommunications Equipment Purchase and Assistance Plans • 608-231-3305

PUBLIC BENEFITS ASSISTANCE

Aging & Disability Resource Center of Vernon County: Banta Building, 402 Courthouse Square, Viroqua • 608-637-5201 or 1-888-637-1323 • www.vernoncounty.org

Disability Benefit Specialist: Works with those 17 and 3 months through age 59.

Elder Benefit Specialist: Works with those age 60 and above.

Coulecap Inc – 210 Melby St, Westby, WI 608-634-3104 www.coulecap.org

Independent Living Resources (ILR) - Benefits Counseling

4439 Mormon Coulee Road, La Crosse • 608-787-1111 or 1-888-474-5745 or 1-888-378-2198

149 East Mill Street, Richland Center • 608-647-8053 or 1-877-471-2095 www.ilresources.org

Medicare • 1-800-633-4227 www.medicare.gov

Office for the Deaf and Hard of Hearing – Deaf Disability Specialist – 262-347-3045 Videophone/Telephone
www.dhs.wisconsin.gov/odhh.index

Social Security Administration: 210 7th Street South, Suite 100, La Crosse: 1-866-770-2345 www.ssa.gov

Vernon County Human Services - Wisconsin Home Energy Assistance Program: 318 Fairlane Drive, Suite 100, Viroqua • 608-637-5210 www.homeenergyplus.wi.gov

Vernon County Veterans Service Office: 402 Courthouse Square, Suite 100 • 608-637-5323

- **Veterans Outreach and Recovery Program:** 608-306-0390

- **Center for Veterans Issues:** 608-695-8599

Western Region for Economic Assistance • 1-888-627-0430- Food share, Medicaid, Child Care assistance
www.access.wi.gov

Workforce Connections - W2 and Emergency Assistance: 220 South Main Street, Viroqua • 608-637-6450

FOOD RESOURCES/SENIOR MEAL SITES

FINANCIAL ASSISTANCE FOR FOOD

Food Share - Western Region for Economic Assistance • 1-888-627-0430 • www.access.wi.gov

Senior Farmers Market Vouchers: Aging and Disability Resource Center of Vernon County 608-637-5201

Vernon County WIC Program (Women, Infants, and Children) -Vernon County Health Department 318 Fairlane Drive Viroqua, WI – 608-637-5260

FOOD PANTRIES

Bethel Butikk Food Pantry and Thrift Store: 341 Black River Avenue, Westby • 608-634-3473

Cashton Cupboard and Closet: 1213 Front Street Cashton, WI 608-654-5770

Free Methodist Church: 214 South Cherry Street, La Farge • 608-625-4197

Good Samaritan Food Pantry and Thrift Store: 128 Mill Street, Hillsboro • 608-489-3627

Kickapoo Area food Pantry: 106 W Wisconsin St. Viola • 608-627-1910

Living Faith Food Pantry: 209 Sands Rd, Viroqua – 608-637-7410 www.livingfaithfoodpantry.com

New Hope United Methodist Church: E2290 State Highway 82, De Soto • 608-648-2644 or 608-734-3478

Stoddard Community Food Pantry: 303 West Street, Stoddard • 608-457-2700

Viola Food Pantry: 106 W Wisconsin St, Viola – 608-627-1910

HOME DELIVERED MEALS

Aging and Disability Resource Center of Vernon County: Senior Dining Program – Home Delivered Meals – serves ages 60+, 402 Courthouse Square, Viroqua • 608-637-5201 or 1-888-637-1323 • www.vernoncounty.org

Homestyle Direct • 1-866-735-0921 • www.homestyledirect.com

Mom’s Meals: 3210 SE 72nd Street, Ankeny, IA • 1-877-508-6667 www.momsmeals.com

SENIOR DINING CENTERS – WEEKDAYS

Please call Aging and Disability Resource Center of Vernon County: 402 Courthouse Square, Viroqua • 608-637-5201 or 1-888-637-1323 for eligibility information and to reserve 24 hours in advance •

www.vernoncounty.org

DeSoto - Bright Spot Restaurant, 118 Mill St. DeSoto, WI

Hillsboro Home deliveries only at this time

LaFarge - Kickapoo Haven, 106 Main St LaFarge, WI

Readstown - Valley View Apartments, 520 North 4th St. Readstown, WI

Viroqua - Park View Manor, 200 Park View Court Viroqua, WI

Westby – United Methodist Church, 202 East State Street Westby, WI

HEARING AND VISUAL LOSS RESOURCES

Office for the Blind or Visually Impaired: 205 5th Avenue South Suite 506, La Crosse • 608-789-5663 or 1-888-879-0017 www.dhs.wisconsin.gov/blind

Office for the Deaf and Hard of Hearing • 855-359-5252 • TTY 1-888-701-1254 www.dhs.wisconsin.gov/odhh

International Quality Home Care Corporation: 306 Main Street, Suite 4, La Crescent, MN • 507-895-2570 or 1-855-447-4762

Lions Affordable Hearing Aid Project: 715-677-4969 or 1-877-463-6953 • TTY 715-677-6999

TAP Hearing Aid Assistance – 608-267-7195 www.dhs.wisconsin.gov/odhh/tap

Telecommunications Equipment Purchase and Assistance Plans TEPP: 608-231-3305

TTY 1-800-251-8345 www.psc.wi.gov/Pages/Programs/TEPP.aspx

Vision Forward: 1-877-258-9200

Vernon County Veterans Service Office: 402 Courthouse Square, Suite 100 • 608-637-5323

- **Heroes with Hearing Loss Program contact your Veterans Service Office**

Wisconsin Council for the Blind and Visually Impaired: 1-800-783-5213 or 608-255-1166 www.wcblind.org

Wisconsin Telecommunications Relay Systems (TRS) · dial 7-1-1

TDD English 1-800-947-6644

TDD Spanish 1-800-833-7813

Customer Service TDD 1-800-283-9877

Customer Service Voice 1-800-901-8389

ADRC- Elder Benefit Specialist- 402 Courthouse square, Viroqua, Wi 608-637-5201 or 1-888-637-1323

ADRC- Disability Benefit Specialist – 402 Courthouse Square, Viroqua, Wi 608-637-5201 or 1-888-637-1312

HOME CARE

HOME HEALTH/PERSONAL/SUPPORTIVE HOME CARE

Aveanna Home Health: 2600 State Road, La Crosse 608-406-3140

Bethel Home and Services Helping Hands: 614 South Rock Avenue, Viroqua · 608-637-2378

www.bethelhomeservices.org

Blair Mclees: 608-632-9209 – bmclees@gmail.com

BrightStar Lifecare: 1052 Oak Forest Drive, Suite 240, Onalaska · 608-519-4324

Brooke'side In-Home Care, LLC: 608-6329268 brookesideihc@gmail.com

Campbell Family Homes: Viroqua city limits – Steve Campbell – 608-606-1483

Christian Servants Home Care: Karen Van Den Bloomer – 920-851-8100

CNS Home Health Care: 700 North 3rd Street, Suite 103, La Crosse · 608-783-3200

Comfort Keepers: 2951 South 21st Place, La Crosse · 608-784-3357 or 1-800-567-6274

Commonheart Home Services: 1045 Hill Street, Watertown, WI · 844-206-4930

Department of Veterans Affairs-Home Based Primary Care · 608-372-7734 or 1-800-872-8662 ext. 67734

Homeward Bound Home Health: 130 West Elm, Lancaster · 608-723-6601

Jenny's Helping Hands: Jenny Fleming · 608-769-6577

International Quality Home Care Corporation: 306 Main Street, Suite 4, La Crescent, MN · 507-895-2570 or 1-855-447-4762

Respite Care Association of Wisconsin: 608-222-2033 www.respitecarewi.org

Richland Hospital: 333 East Second Street, Richland Center · 608-647-6321

Tanja Birke Senior Care Consultant & Home Care Services: email: birke.tanja@gmail.com or 612-245-2357

Tender Touch Elder Care: 608-606-5553 Heather Peterson- in home/hospice care – Vernon County

email: tendertouch2021@gmail.com

Solutions 4 Home LLC: Home modifications/Occupational Therapist, Amy Evenstad, Coon Valley

608-790-1295 www.solutions4home.marketing

Vernon County Health Department – Hands-Foot Nail Care: 318 Fairlane Drive, Viroqua, WI 608-637-5251

Vernon County Veterans Service Office: 402 Courthouse Square, Suite 100 · 608-637-5323

- **VA Home Based Primary Care: Contact your Veterans Service Office**

Walgreen's Infusion Therapy Services: 1435 North 113th Street, Wauwatosa · 1-888-256-723

CHORES/ERRANDS/REPAIRS

Bethel Home Helping Hands Program: 614 South Rock, Viroqua · 608-637-2378 www.bethelhomeservices.org

BrightStar Lifecare: 1052 Oak Forest Drive, Suite 240, Onalaska · 608-519-4324

CNS Home Health Care: 700 North 3rd Street, Suite 103, La Crosse · 608-783-3200

Comfort Keepers: 2951 South 21st Place, La Crosse · 608-784-3357 or 1-800-567-6274

Eric's Moving & Delivery: 1501 St Andrew St #411, La Crosse 608-386-9787

Innovated Movers: 16545 Harness Ave Sparta 608-269-1603 or 608-633-2929

International Quality Home Care Corporation: 306 Main Street, Suite 4, La Crescent, MN · 1-888-304-6230

Lind's Home Center: 801 Main Street Cashton, WI – 608-654-7844

ResCare: 1802 State Highway 16, La Crosse · 608-779-0900 · www.rescare.com

Rita's Cleaning Services: 920-396-2183

***Local Cleaning Services:**

Patt Larson 608.606.4655

Blessing's Cleaning Service Kaci Miedema 608.304.5089 or Blessingscleaningservice2019@gmail.com

Queen Cleaners 608.632.3816

Jessica's Cleaning Service 608.606.6122

Rita's Cleaning Services: 920-396-2183

***Local Lawn Care Services:**

Second Nature Reads Creek 608.629.5975

Haakenson Lawn Care 608.606.3502

Straight Edge Carpentry & Landscaping Fred Zitzner 608.606.1048

Dunnum's Enterprises 608.632.5726

C&C Landscaping 608.637.6555

Can-Do Handyman 608.632.0562

In & Out Handyman Services 608.475.1447

Beau's Lawncare 608.606.9356

TLC Lawn Care 608.606.2561

***Snow Removal Services:**

TLC Lawn Care 608.606.2561

TR Lawn Care 608.632.9349

Dunnum's Enterprises 608.632.5726

Haakenson Lawn Care 608.606.3502

C&C Landscaping 608.637.6555

Kayden Ries 608.475.4381

***Services found on Facebook. The ADRC of Vernon County is not responsible for conducting background checks. This list serves as a resource guide. Person(s) requesting their service will hire at their own discretion.**

HOSPICE

Gundersen Health System Hospice: 1843 Sims Place, La Crosse • 608-775-8435 • www.gundersenhealth.org

Commonheart Home Services: 1045 Hill Street, Watertown, WI • 844-206-4930 • www.marquardtathome.org

Mayo Clinic Health System Franciscan Healthcare Homecare and Hospice: 700 W Ave South, La Crosse
1-800-362-5454 Extension 29790 • www.mayoclinic.org

Moments Hospice: 4425 Mormon Coulee Road, La Crosse • 608-399-6019 • www.momentshospice.com

St. Croix Hospice: 1540 Heritage Blvd Ste 201A, West Salem, WI • 608-433-9704 or 1-855-278-2764

St. Joseph's Memorial Healthcare: 400 Water Street, Hillsboro • 608-489-8000

VA Hospice Care: Tomah VA Admissions Department 608-372-3971 ex 61751

HOUSING

*Contact Aging and Disability Resource Center of Vernon County for a more detailed rental directory •
1-608-637-5201 or 1-888-637-1323 • www.vernoncounty.org

TEMPORARY/EMERGENCY HOUSING

Catholic Charities Warming Center: 413 3rd Street S La Crosse, WI • 888-212-4357

New Horizons Domestic Abuse Shelter: 608-791-2600 or 1-800-231-0066 • www.nhagainstabuse.org

Passages for Domestic & Sexual Assault: 1001 Parkview Drive, Richland Center • 608-647-6317; 24-Hour Crisis
Line • 608-647-3616

Salvation Army: 223 North 8th Street, La Crosse • 608-782-6126

Veterans Assistance Foundation: Fort McCoy • 608-269-0234 • WisVets Hotline: 1-800-947-8387

Veteran's Homeless Hotline: 1-877-4AID-VET (1-877-424-3838)

Veterans HUD-VASH Program (U.S. Department of Housing and Urban Development-VA Supportive Housing Program): 608-372-3971 ex 67727

Veterans Outreach and Recovery Program: 608-306-0390

Center for Veterans Issues: 608-695-8599

Vernon County Veterans Service Office: 402 Courthouse Square, Suite 100 • 608-637-5323

Couleecap Inc – 210 Melby St, Westby, WI 608-634-3104 -- Call for availability www.couleecap.org

INDEPENDENT HOUSING

Eligibility requirements such as age, disability and/or income limits may apply.

Bethel Parkside: (62+ or disability) 315 West Adams Court, La Farge • **608-637-6355**

Bethel Village Apartments: (Accessible housing for mature adults) 904 Wall Street, Cashton • **608-637-6355**

Bluffview Apartments: (62+ or disability) 112 Swain Street, Chaseburg • **608-483-2649**

Broadway Court Apartments: (62+ or disability) 312 West Broadway, Viroqua • **608-637-8425**

City Square Apartments: (62+ or disability) 824 Pine Street, Hillsboro • **608-489-3258**

Coulee View Apartments: (62+ or disability; income limits) 98 Hiawatha Street, Coon Valley • **608-637-6355**

Crestview Apartments: (62+ or disability) 503 South Main Street, Westby • **608-634-4810** Family Housing

Crooked River: (Low to Moderate income) 316 Go Macro Way, Viola – **608-717-8545**

Halvorsen Apartments: (62+ or disability) 211 Milwaukee Street, Westby • **608-634-3868**

Hillcrest Manor: (62+ or disability) 406 Park Street, Ontario • **1-800-944-4866**

Hills Manor Apartments: (62+ or disability) 118 Madison Avenue, Hillsboro • **608-463-7696**

Hometown Village Apartments: (62+ or disability) 315 North Gold Street, La Farge • **608-326-2845**

Horizon Management Group: (62+ or disability; income limits) • **1-800-944-4866**

Linton Village Apartments: (Moderate-income housing; no age requirement) 700 Linton Street, Viroqua • **608-637-8445**

Maplewood Terrace Independent Apartments: 620 Garfield Ave, Viroqua WI, 54665 **608-637-6344**

Our House Senior Living: 240 N Orange St, Richland Center WI – **608-647-4533** – www.ourhouseSL.com

Park View Manor: 200 Park View Court, Viroqua • **608-637-2626**

Parkview Apartments: (62+ or disability) 739 Hill Avenue, Hillsboro • **608-463-7696**

Ridgeview Commons: (62+ or disability) 240 Exchange Street, Viola • **608-975-5597**

Terra View Apartments: (No age requirement; income limits) 305/311 Chase Street, Viroqua • **608-553-1717**

Valley Apartments: (62+ or disability) 350 Elm Drive, Stoddard • **1-877-847-8924**

Valley View Apartments: (62+ or disability) 520 North 4th Street, Readstown • **608-629-5099**

Village of La Farge Housing: (60+ or disability; income limits) 105 West Main Street • **608-625-4422**

Viroqua Housing Authority: (62+ or disability; income limits) Family Housing

Westby Housing Authority –

Winneshiek Manor: (Income limits) 225 Main Street, DeSoto • **608-784-1381**

ASSISTED LIVING FACILITIES

The type of Assisted Living Facility is based on how the facility is licensed:

Residential Care Apartment Complex (RCAC): Residence for adults that consists of independent apartments. Each apartment has own lockable entrance, kitchen with stove, private bathroom, sleeping, and living areas. Can provide an individual with up to 28 hours of assistance per week.

Community Based Residential Facilities (CBRF): Residence for 5 or more adults. CBRFs may provide either private or semi-private rooms that do not have a kitchen. They may or may not have a private bathroom in each room. CBRFs provide more care than RCACs.

Adult Family Home (AFH): Residence for 1 to 4 adults. May provide private or semi-private rooms that do not have a kitchen. May or may not have a private bathroom in each room. Provides similar services as CBRF.

RESIDENTIAL CARE APARTMENT COMPLEX (RCAC)

Bethel Home and Services - Maplewood Terrace: 620 South Garfield, Viroqua • 608-637-6344

www.bethelhomeservices.org

Milestone Senior Living: 504 Salsbery Circle, Hillsboro • 608-489-3930 • www.milestoneseniorliving.com

Our House Senior Living: 240 N Orange St, Richland Center WI – 608-647-4533 – www.ourhouseSL.com

Pleasant Valley Seniors Community: W466 County Road K, Stoddard • 608-787-6384

www.pleasantvalleyseniors.com

Vernon Acres Senior Living: 1319 Bad Axe Court, Viroqua • 608-637-5444

COMMUNITY BASED RESIDENTIAL FACILITIES (CBRF) – General

Aspen Place: 614 S. Rock Ave, Viroqua WI 54665 • 608-637-6350 • www.bethelhomeservices.org

Bethel Oaks 620 S. Garfield Ave. Ste # A, Viroqua • 637-2171 • www.bethelhomeservices.org

Creamery Creek: 1049 Chicago Avenue, Viroqua • 608-638-1600 • www.creamerycreekseiorliving.org

Church St House: 207 Church St Ontario - 608-343-1177

Milestone Senior Living: 504 Salsbery Circle, Hillsboro • 608-489-3932 or 608-350-1532

www.milestoneseniorliving.com

Sherry House: 440 East Center Street, Readstown • 608-629-5150

Vernon Area Rehab Center: 811 Rogers Street, Viroqua • 608-637-2353

Viola House: 509 South Wagoner Street, Viola • 608-627-1111

ADULT FAMILY HOMES (AFH): An AFH is defined as “a place where one to four adults receive care.

For additional information regarding *Adult Family Homes*, contact the Aging and Disability Resource Center of Vernon County • 1-608-637-5201 or 1-888-637-1323 • www.vernoncounty.org

www.dhs.wisconsin.gov/guide/afh.htm State Website-Choosing an Adult Family Home

NURSING HOMES

Elroy Health Services: 307 Royall Ave. Elroy, WI • 608-462-8491 • www.elroyhealthservices.com

Norseland Nursing Home (Bethany St Joseph): 323 Black River Road, Westby • 608-634-3747

Soldiers Grove Health Services: 101 Sunshine Boulevard, Soldiers Grove • 608-624-5244

Vernon Manor: 310 Fairlane Dr, Viroqua • 608-637-5400

LEGAL ASSISTANCE

Legal Action of Wisconsin: 205 5th Ave St, Ste 300 La Crosse, Wi - 608-785-2809 • www.legalaction.org

Legal Clinic- 3rd Wed of every month- 6 pm-7:30 pm- First Baptist Church, 1209 Main St. La Crosse

Wisconsin Elder Rights Project: 1-844-614-5468 • www.legalaction.org

Wisconsin State Bar Association: 1-800-362-9082

Wisconsin JUDICARE Inc: 1-800-472-1638 • www.judicare.org

Wisconsin Guardianship Support Center: 1-855-409-9410

LOAN CLOSETS

Independent Living Resources (ILR): 4439 Mormon Coulee Road, La Crosse • 608-787-1111 or 1-888-474-5745 • TTY 608-787-1148 or 1-888-378-2198 –Primarily Adaptive Equipment

Aging and Disability Resource Center of Vernon County: 400 Courthouse Square, Viroqua, Wi. 608-637-5201 or 1-888-637-1323

Veterans of Foreign Wars (VFW) loan Closet: Post 1530,630 6th St S, La Crosse – 608-785-1530

MEDICAL

CLINICS

Gundersen Health System 1900 South Avenue, La Crosse • 608-782-7300 • www.gundersenhealth.org

St. Joseph’s Health Services: 504 Water Avenue, Suite 100, Hillsboro • 608-489-8280

Onalaska Clinic 3111 Gunderson Drive, Onalaska Wi. 608-775-8100

Viroqua Clinic: 407 South Main Street, Viroqua • 608-637-3195

Mayo Clinic Health System • www.mayoclinic.org

La Crosse Campus: 800 West Avenue South La Crosse • 608-782-9760

Holmen Campus: 520 Amy Drive, Holmen • 608-526-3351

Onalaska Campus: 191 Theater Road, Onalaska • 608-392-5000

Scenic Bluffs Community Healthcare; 238 Front St, Cashton, WI 608-654-5100 www.scenicbluffs.org

La Crosse VA Clinic - Primary care (VA outpatient clinic) 4000 State Road 16, La Crosse • 608-784-3886

Vernon Memorial Healthcare Clinics – www.vmh.org

Bland Medical Clinic: 100 Melby Street, Westby • 608-634-3126

Family Practice and Complementary Medicine Clinic: 407 S Main St, Viroqua 608-637-4799

Hirsch Clinic: 407 South Main Street, Viroqua • 608-637-3174

Kickapoo Valley Medical Clinic: 102 Sunset Avenue, Soldiers Grove • 608-624-5203

La Farge Medical Clinic: 206 North Mill Street, La Farge • 608-625-2494

Vernon Memorial Outpatient Clinic: 407 South Main Street, Viroqua • 608-637-4340

HOSPITALS

Crossing Rivers Health: 37868 US Highway 18, Prairie du Chien • 608-357-2000 www.crossingrivers.org

Gundersen Health System: 1900 South Avenue, La Crosse • 608-782-7300 • www.gundersenhealth.org

Gundersen St. Joseph’s Hospital: 400 Water Avenue, Hillsboro • 608-489-8000

www.gundersenhealth.org/st-josephs/hospital

Mayo Clinic Health System: 700 West Avenue South, La Crosse • 608-785-0940 • www.mayoclinic.org

Richland Hospital: 333 East 2nd Street, Richland Center • 608-647-6321 www.richlandhospital.com

Tomah VA Medical Center: 500 East Veterans Street, Tomah • 608-372-3971 www.tomah.va.gov

UW Hospitals and Clinics: 600 Highland Avenue, Madison • 608-263-6400 or 1-800-323-8942

Vernon Memorial Healthcare: 507 South Main Street, Viroqua • 608-637-2101 www.vmh.org

William S. Middleton Memorial Veterans Hospital: 2500 Overlook Terrace Madison, Wi 608-256-1901 or 1-888-478-8321 www.madison.va.gov

MEDICAL REDUCED COST/FREE

Neighborhood Family Clinic - <https://mynfclinics.com/>

La Crosse Office: 1526 Rose Street, La Crosse • 608-781-9880

Sparta Office: 128 South Water Street, Suite B, Sparta • 608-351-2820

Viroqua Office: 1316 Bad Axe Court, Suite B, Viroqua • 608-518-3745

Planned Parenthood: La Crosse Health Center – 1201 Caledonia St, La Crosse • 1-800-657-5177

St. Clare Health Mission: 916 Ferry Street, La Crosse • 608-392-9546 - www.stclarehealthmission.org

Scenic Bluffs Community Health Center- Healthy Neighbor Plan www.scenicbluffs.org

Cashton: 238 Front Street, Cashton • 608-654-5100

Norwalk: 200 West North Street, Norwalk • 608-823-7853 (Medical services only)

Wisconsin Well Woman Program – La Crosse County Health Department: 300 4th Street North La Crosse
608-785-9872 **Vernon County contact:** Maichor Lee healthweb@lacrossecounty.org

DENTAL REDUCED COST/FREE DENTAL

Affordable Dentures: 4850 Keystone Crossing, Eau Claire • 715-855-1020

3434 55th Street NW, Suite 100, Rochester, MN • 507-529-9442

Marshfield Clinic – Black River Falls Dental Clinic: N6571 Lumberjack Guy Road, Black River Falls • 715-670-0400

Scenic Bluffs Community Health Center - Healthy Neighbor Plan: 238 Front Street, Cashton • 608-654-5100

Wisconsin Dental Association - Donated Dental Services: 1-866-812-9840

MEDICAL EQUIPMENT/SUPPLIES

Access Transit Mobility Products: 1542 Rose St, La Crosse 608-782-1069

American Cancer Society: 1285 Rudy St, Ste 103, Onalaska 608-783-5001 or 1-877-423-9125

American Home Patient: 1052 Forest Drive, Suite 160, Onalaska • 608-779-9900 or 1-800-947-2330

Apria Healthcare: W6853 Industrial Boulevard, Onalaska • 608-783-7668 or 1-800-285-9233

Boscobel Pharmacy Services: 1028 Wisconsin Avenue, Boscobel • 608-375-4466 or 1-800-872-3784

Cass Street Pharmacy-Gunderson Health System: 528 Cass St, La Crosse 608-784-9922

Community Home Medical Equipment: 130 Highway 14, Richland Center • 608-647-4963 or 1-800-848-5572

Dans Shoe Repair: 112 5th Ave N La Crosse- 608-782-3775

Family Medical Supply and CPAP Store: 705 State Street, La Crosse • 608-791-1100 or 1-855-791-1549

Hilton Medical Supply: 500 3rd St S, La Crosse - 608-785-0390

Independent living Resources (ILR): 4439 Mormon Coulee Rd, La Crosse 608-787-1111 or 1-888-474-5745

Lenny's Shoe Repair: 721 Clinton St, La Crosse 608-782-0014

Limb Lab: 1919 State Rd, La Crosse – 608-782-1855

Lincare: 1010 19th Street South La Crosse • 608-791-0018

Mayo Clinic Health System Home Medical Equipment: 700 West Avenue, La Crosse • 608-392-9797 •

1212 Wells Street, Onalaska • 608-392-9798 www.mayoclinic.org

Midwest Off-Road Center: 65 Copeland Ave, La Crosse- 608-784-9980 or 1-800-626-1001

Peterson Pharmacy: 727 Water Street, Hillsboro • 608-489-3141

Prosthetic Laboratories of La Crosse: 3440 Losey Blvd. S, La Crosse – 608-782-5070 or 1-866-241-0606

Onalaska Office: 831 Critter Ct, Ste 300, Onalaska – 608-783-2009

Richland Family Prescription Center: 301 East 2nd Street, Richland Center • 608-647-6161

Solar Town Pharmacy: 104 Sunset Avenue, Soldiers Grove • 608-624-3344

Thrifty White Pharmacy: 190 Richland Square, Richland Center • 608-647-8539

USA Medical Suppliers: 1919 State Road, La Crosse • 608-782-1855

Vernon Memorial Healthcare: 507 South Main Street, Viroqua • 608-637-2101

Walgreen's Infusion Therapy Services: 1435 North 113th Street, Wauwatosa • 1-888-256-7234

Wisconsin Council of the Blind and Visually Impaired: 608-255-1166 or 1-800-783-5213

MENTAL HEALTH/ADDICTION SERVICES

CRISIS INTERVENTION

211: Helpline Center

988: Helpline Center

Alzheimer's Association Helpline: 1-800-272-3900

Great Rivers 2-1-1 • Dial 2-1-1 or 1-800-362-8255

Mayo Substance Abuse Crisis Line: 608-306-7981
Suicide Prevention Hopeline Texting: Text Hopeline to 741741
Vernon County HELPLINE: 608-637-7007
Veteran's Crisis Hotline: 1-800-273-TALK (1-800-273-8255) Press 1
Suicide Prevention Hotline: 1-800-273-TALK (1-800-273-8255)
Wisconsin Addiction Recovery Helpline: 211 or 833-944-4673

MENTAL HEALTH SERVICES

Amery Hospital & Clinic: Elderly Inpatient-1-715-268-0070
Driftless Recovery Services: 444 Main Street, Suite 301, La Crosse • 608-519-5900
Family and Children's Center: 1321 Main Street, Viroqua • 608-637-7052 www.fcconline.org
Great Rivers 2-1-1: Dial 2-1-1 or 1-800-362-8255
Gundersen Health System: 1900 South Avenue, La Crosse • 608-775-7991 • www.gundersenhealth.org
Hillsboro: 504 Water Ave. Hillsboro, WI 608-489-8000
Onalaska: 123 16th Avenue South, Onalaska • 608-775-2287
Prairie du Chien: 610 East Taylor Street, Prairie du Chien • 608-326-3380
St. Joseph: 400 Water Street, Hillsboro • 608-489-8280
Sparta: 1111 West Wisconsin Street, Sparta • 608-269-1588
Tomah: 601 North Superior Avenue, Suite 2, Tomah • 608-374-3853
Viroqua: 407 South Main Street, Viroqua • 608-637-3195
Hirsch Clinic: 407 South Main Street, Viroqua • 608-637-3174
Ho-Chunk Nation Division of Health and Social Services: 27374 Highway 21 East, Tomah • 608-372-5202
Mayo Clinic Health System Franciscan Healthcare Behavioral Health Services: 212 11th Street South, La Crosse • 608-392-9555 • www.mayoclinic.org
Arcadia: 895 South Dettloff Drive, Arcadia • 608-323-3373
Holmen: 1303 Main Street Couth, Holmen • 608-526-3351
Onalaska: 191 Theater Road, Onalaska • 608-392-5000
Prairie du Chien: 800 East Blackhawk Avenue, Prairie du Chien • 608-326-0808
Sparta: 310 West Main Street, Sparta • 608-269-1770
Tomah: 325 Butts Avenue, Tomah • 608-372-5951
Paquette Center: 23295 Highway 14, Richland Center • 608-647-4705
Ridge & Valley Counseling: 114 W Court St, Ste 2, Viroqua- Allyssa Zube-608-616-5030
www.ridgeandvalleycounselinginc.com ridgeandvalleycounseling@gmail.com
Scenic Bluffs Community Health Centers - Behavioral Health Services: 238 Front Street, Cashton 608-654-5100
Shay Rehabilitation & Psychological Services LLC: 110 N Main St, Suite F, Westby • 608-634-2365
ashayrps@gmail.com
Stein Counseling & Consulting Services: 571 Braund Street, Onalaska • 608-785-7000
Stonehouse Counseling: 414 S. East Ave. Viroqua, WI 608-638-3332 www.stonehousecares.com
Tomah VA: 500 E. Veterans Street, Tomah, WI 54660 608-372-1761 – mental health outpatient press option 1
VA River Valley Integrated Health Center - Mental Health Clinic: 1525 Losey Blvd. La Crosse • 608-787-6411
La Crosse Veterans Center: 20 Copeland Avenue, La Crosse • 608-782-4403
Viroqua Counseling & Health Center: 122 West South Street, Viroqua • 608-637-2511
<https://www.viroquacounselingandhealthcenter.com/>
**** Call 211 or 988 for other mental Health**

MENTAL HEALTH COMMUNITY BASED RESIDENTIAL FACILITIES (CBRF)

Bethel Oaks Memory Care Home: 620 South Garfield, Suite A • 608-637-6310 www.bethelhomeservices.org

Creamery Creek: 1049 Chicago Avenue, Viroqua • 608-638-1600

Lakeview Health Center and Assisted Living: 962 Garland St. E West Salem 608-786-1400

REM Wisconsin: 206 Shird Court, La Farge • 608-625-2453

Sherry House: 440 East Center Street, Readstown • 608-386-5402

Viola House: 509 South Wagoner Street, Viola • 608-386-5402

ADDICTION TREATMENT RESOURCES

AMS (Addiction Medical Solutions) of Wisconsin: 9532 East 16 Frontage, Suite 100, Onalaska • 608-783-0506

Family and Children's Center: 1321 North Main Street, Viroqua • 608-637-7052

Emergency 24-Hour Helpline: 608-637-7007

Fresh Start Recovery Program: 315 West Highland Street, #1, LaFarge • 608-632-9697 or 573-820-9453 •
arniejohnson777@gmail.com

Gundersen Health System • www.gundersenhealth.org

Sparta: 124 North Court Street, Sparta • 608-269-1588

Tomah: 601 North Superior Avenue #2, Tomah • 608-374-3853

Unity House for Men: 1918-1924 Miller Street, La Crosse • 608-775-4753

Unity House for Women: 1312 5th Avenue South, La Crosse • 608-775-4718 or 1-866-720-3784

Holistic Addiction Treatment Center: 1-800-559-9503

Mayo Clinic Health System Franciscan Healthcare Behavioral Health • www.mayoclinic.org

Sparta Campus: 310 West Main Street, Sparta • 608-269-4132

Villa Success: 121 South Prairie Street, Prairie du Chien • 608-326-8424 or 608-392-4436

Northeast Iowa Mental Health Center:

Alcohol and Related Problems Services Center: 905 Montgomery Street, Decorah, IA • 563-382-3649 or
1-800-400-8923

St. Claire Hospital - Clarion Center: Elderly Mental Health- 707 14th Street, Baraboo • 608-355-1805

Southwest Mental Health Services: Elderly Inpatient-1400 Eastside Rd, Platteville - 608-348-2331

Tomah VA Medical Center: 500 East Veterans Street, Tomah • 608-372-1758 or 1-800-872-8662

VA River Valley Integrated Health Center: 1525 Losey Boulevard South La Crosse • 608-787-6411

La Crosse Veterans Center: 20 Copeland Avenue, La Crosse • 608-782-4403

ADDICTION RELATED RESOURCES

5-Door Recovery: Madison: 608-827-9170

Adult & Teen Challenge: 608-351-2828

Arbor Place: 715-235-4537

Coulee Council on Addictions: 608-784-4177

Great Rivers 2-1-1: Dial 2-1-1 or 1-800-362-8255

Holistic Addiction Treatment Center: 1-800-559-9503

Le Phillips Treatment Center: 715-723-5585

Mayo Substance Abuse Crisis Line: 608-306-7981

National Council on Problem Gambling: 1-800-522-4700

Northern Rivers Gambling Services: 1-800-522-4700

Substance Abuse and Mental Health National Hotline: 1-800-662-HELP (4357)

Tellurian: 608-222-7311

Wisconsin Substance Abuse Hotline: 1-866-211-3380

Wisconsin Council on Problem Gambling: 1-800-GAMBLE-5 or 1-800-426-2535

Wisconsin Tobacco Quitline: 1-800-QUIT-NOW

ADDICTION DROP-IN CENTERS

The Other Door: 1321 North Main Street, Viroqua • 608-637-7052 ext. 221

Partners in Empowerment (PIE): 1201 South 10th Street, La Crosse • 608-784-1141

Recovery Avenue (RAVE): 1806 State Street, La Crosse • 608-785-9615 or 608-787-1111

For support group information please contact Great Rivers 211 - Dial 211 or 1-800-362-8255

PERSONAL RESPONSE NON-EMERGENCY SERVICES

TELEPHONE RESOURCES

5 Star * Great Call: 1-866-829-4527 or at your local Walmart

Advance Security/life Assist: 1-888-860-8098

Angelsense: GPS Tracking for children with Autism 1-646-770-2950 www.angelsense.com

Comfort Keepers: 2951 South 21st Place, La Crosse • 608-784-3357 or 1-800-567-6274

Guardian Alert 911: Veterans Administration Medical Center, Tomah • 1-800-872-8662

LifeFone Medical Alerts System: 1-844-253-7939

Mayo Clinic Health System - HelpLink Medical Alert Service: 608-392-9797 or 1-800-362-5454 ext. 26300 • www.mayoclinic.org

Philips Lifeline: 1-855-332-7799 www.lifeline.philips.com

Vernon Communications Cooperative - Vernon Medlink: 103 North Main Street, Westby • 608-634-3136 or 1-800-543-2029 www.vernoncom.coop

VRI Emergency Response System-Hillsboro Area: 1-800-860-4230

TRANSPORTATION

NON-MEDICAL TRANSPORTATION

Aging and Disability Resource Center of Vernon County: 402 Courthouse Square, Viroqua • 608-637-5201 or 1-888-637-1323 • www.vernoncounty.org

Vernon County Mini Bus • 608-637-5201

Vernon County Volunteer Driver Program • 608-637-5201

Bethel Home – Helping Hands: 614 South Rock, Viroqua • 608-637-2378

BrightStar: 1052 Oak Forest Drive, Suite 240, Onalaska • 608-519-4324

Caring Hearts Homecare and Transportation: 608-317-3657

Coulee Region RSVP Volunteer Driver: 608-785-0509 • www.rsvplax.org

Find-A-Ride: 1-888-300-9796 (Service for public 18+)

Running Transit Services: 318 West Decker Street, Viroqua • 608-637-8080; Westby • 608-634-4844

Scenic Mississippi Regional Transit (S.M.R.T. Bus) • 1-877-444-6543 for information

****Also see Taxi Services in the Yellow Pages**

MEDICAL TRANSPORTATION- NON-EMERGENCY

****Abby Vans** • 1-800-236-8438

****Access Medical Transit/Top Hat:** 226 Hood Street, La Crosse • 608-782-4200 or 1-800-658-9054

****Aging and Disability Resource Center of Vernon County:** 402 Courthouse Square, Viroqua • 608-637-5201 or 1-888-637-1323 • www.vernoncounty.org

Vernon County Volunteer Driver Program • 608-637-5201

Coulee Region RSVP Volunteer Driver: 608-785-0509 • www.rsvplax.org

Disabled American Veterans • 1-800-872-8662 ext. 66227

****Gundersen Health System Coulee Trails:** 126½ West Jefferson Street, Viroqua • 608-637-8884 or

1-800-771-8884

****Helping Hands Transporting: 608-637-2378**

Ho-Chunk Nation Division of Health and Social Services: N6520 Guy Road, Black River Falls ·
715-284-9851 ext. 5329 or 5302

****Mini-Bus Program:** Operates Monday through Friday 8:30 AM to 4:30 PM; call the Aging and Disability
Resource Center of Vernon County · **608-637-5201 or 1-888-637-1323** · www.vernoncounty.org

****VEYO (only accepts Medical Assistance): 1-866-907-1493**

****Running Transit Services:** 318 West Decker Street, Viroqua · **608-637-8080**

608-634-4844 – Taxi Services for the Communities of Westby & Viroqua www.runninginc.net

Scenic Mississippi Regional Transit (S.M.R.T. bus) · 1-877-444-6543

****Denotes wheelchair accessible options****

OTHER SUPPORTIVE SERVICES

Center for Veterans Issues: 608-695-8599

Hmong Cultural & Community Center: 1815 Ward Ave, La Crosse - 608-781-5744 www.hmoobagency.org

Legal Action of Wisconsin: 205 5th Ave S #300, Lacrosse - **608-785-2809**

Elder Abuse Hotline: 1-833-586-0707

Elder rights Project: 1-844-614-5468

MakeTheConnection.net – Online resource to connect Veteran's, their family members and friends, and other advocates. Learn about the signs of mental health conditions or substance use problems and find sources of support.

Over 50 Lunch & Learn: Kay Wienke – 262-384-0082

The Center: 7 Rivers LGBTQ Connection: 230 6th Avenue South, La Crosse · **608-784-0452**

<https://7riverslgbtq.org/>

Vernon County Department of Human Services: 318 Fairlane Drive Viroqua, WI Adult Protective
Services/Guardianships/Protective Placements **608-637-5210 or Vernon County Veteran Service Office:** 402
Courthouse Square, Viroqua · **608-637-532**

Veterans Outreach and Recovery Program: 1-800-WIS-VETS

**EMERGENCY
CRISIS ASSISTANCE
24-HOUR
HELPLINE
CALL 2-1-1
(Great Rivers 2-1-1)
OR
CALL 9-8-8**