

Services	Home Health Services	Supportive Home Care
Skilled Nursing <ul style="list-style-type: none"> • Medical Tests • Wound Care • Injections • Observation & Assessment 	+	
Rehab Therapy (OT, PT, Speech)	+	
Monitoring of Health Status (SN, HHA & Therapy)	+	
Medical Social Worker	+	
Home Health Aide		+
Medication		
Observation/Checks & Reminders		+
Education/Reconciliation	+	
Administer (IV or Injection)	+	
Pain Management	+	
Activities of Daily Living (ADL)		
Meal delivery/prep & shopping		+
Light Housekeeping		+
Bathroom needs		+
Incontinence care		+
Assist with Bill Paying and Money Management		+
Companionship/Community Access		+
Transportation		+
Personal Hygiene (hands on/cues) <ul style="list-style-type: none"> • Dressing, Bathing, Grooming, Laundry 		+
Transfers <ul style="list-style-type: none"> • Total body: Full Body or Sit-To-Stand lift • Assistance: Slide board, pivot transfer with use of a gait belt or simply stand-by to prevent falls • Carrying out professional therapy treatment plans (Range of Motion) 		+
Medical Appointments <ul style="list-style-type: none"> • Transportation • Accompaniment during appointment 		+
Payment Options		
Medicare Part A	+	
Commercial Insurance	+	🍃
Private Pay		+
Long Term Care Ins		🍃
Medicaid (Family Care)	+	🍃
Military (VA, etc.)	🍃	🍃

🍃 = Policies may vary

+ = Service is provided

Care at Home Definitions

Why not home? Many patients can manage safely in their homes with the right supports like supportive home care and home health. **Please consider discharging to home first, instead of to a skilled nursing facility.**

Supportive Care - Companionship, assistance with activities of daily living (ADL), not always licensed professional

Individuals benefitting from supportive home care:

- ADL assistance needed
- Still active but require transportation to and from activities
- Desire help with cooking, cleaning, and other household responsibilities
- Companionship
- Longer term and maintaining independence

Home Health - Clinical, medical supervision by a licensed professional

Individuals benefitting from home health:

- Recently discharged from rehabilitation, a hospital stay, or a skilled nursing facility
- Monitoring needed for a recent med change
- Inability to safely travel to and from doctor appointments
- An overall decline in function and would benefit from therapy to regain independence
- Temporary/shorter term interventions leading to independence

Combining in-home services

Families find that a combination of personal/supportive home care and home health is beneficial for their loved ones. Health professionals address clinical and rehab needs, while personal/supportive home care aides assist personal caregiving and household chores. Depending on type of payment for services, there may be a term limit of service. There is no term limit on private pay.

Homebound

Home Health professionals can help assess if someone meets the criteria for homebound status, important to determine if Medicare will fund the service.

Definition: Homebound is the state of having a condition such that there exists a normal inability to leave home and leaving home requires “a considerable and taxing effort.” A person does not have to be confined to a bed to be considered homebound by Medicare. Leaving home for short periods of time for special non-medical events such as a family reunion, funeral, or graduation would not exclude someone from being considered homebound. A doctor must certify this condition.

You need the help of another person or medical equipment such as crutches, a walker, or a wheelchair to leave your home, or your doctor believes that your health or illness could get worse if you leave your home. And, it is difficult for you to leave your home and you typically cannot do so.

<https://www.medicareinteractive.org/get-answers/medicare-covered-services/home-health-services/the-homebound-requirement>

**Medicaid/Family Care may still fund home health care services based on individual assessment and need.