

Residential Care Apartment Complexes (RCAC)

- Setting:**
- Age in place opportunity
 - Homelike setting with recreational/functional common areas
 - Trained staff available 24/7 for scheduled, unscheduled and emergency services

Individual lockable apartments with:

- Kitchen
- Bathroom
- Living and sleeping areas

- Clientele:**
- Senior citizens requiring varying degrees of personal and medical assistance
 - Adults with disabilities requiring varying degrees of personal and medical assistance
 - Early Stage Dementia
 - Frail Elderly

- Provide/contract services:**
- Supportive Services**
- Meals
 - General Housekeeping
 - Laundry Services
 - Recreational activities
 - Socialization opportunities

Personal Assistance

- Activities of daily living (dressing, meals, bathing, skin care, grooming, toileting, transferring, ambulation, mobility, exercise, and personal time)
- Incontinence Care
- Access to medical assistance (arranging for medical services and transportation to medical services)

Nursing Services

- Nursing assessments and health monitoring
- Medication management, monitoring and administration
- Diabetes assistance
- Basic wound care
- Nebulizer/CPAP/BiPAP and oxygen assistance
- Catheter care

Other services may be available or can be contracted such as palliative/hospice care, advanced wound care, injections, tube feeding, ostomy, etc.

Limitations:

- No admission with activated POAHC or guardianship
- Supportive, personal, and nursing services cannot exceed 28 hours per week by facility staff. However, additional services can be contracted to outside providers to retain person who may exceed 28 hour limitation.
- Medication services may be delegated to licensed or unlicensed staff under the direction of a nurse
- A comprehensive assessment must be performed prior to admission

If more physical care is needed, suggest community based residential facility (enhanced care/high acuity).

If more physical and cognitive care is needed, suggest community based residential facility (memory care).