

Sample Medication Log

Name: David Smith Date: 5/01

Prescription Medications / Over-the-Counter Products / Vitamins / Herbal Supplements

Name of Prescribing Doctor	Name of Medication	Dosage	Date Started	What is it for?	Side Effects	Instructions
Dr. Petersen	Donepezil (Aricept)	10 mg	5/01	Alzheimer's disease	Nausea	Once per day with food
Dr. Jones	Benazapril	20 mg	3/00	Blood pressure	Dizziness	Once per day in the a.m.
Dr. Jones	HCTZ	25 mg	3/00	Blood pressure	Urinary Incontinence	Once per day in the p.m.
Dr. Petersen	Naproxen	375 mg	11/01	Pain		Twice per day with food
Dr. Petersen	Tylenol with Codeine	500 mg	11/01	Pain		Take as needed
	Vitamin E	2,000 IU	3/00	Memory		
	Multivitamin		1/95	General Health		Take in the morning

Allergies:	Current Medical Conditions/ Illnesses:	Things to Avoid (food, drink, activities):
Penicillin	Alzheimer's disease	Alcohol
	High blood pressure	Benadryl
		Caffeine

