

**Is this a Problem Behavior NEEDING to be fixed?**

Does the behavior put someone at RISK?

* No – This is not really a PROBLEM behavior for the person with dementia. It may be irritating or embarrassing for the caregiver, but it is really a “SO WHAT” behavior.
	+ Learn to let it go!
	+ Leave it alone!
	+ Don’t sweat the small stuff!
* Yes – It is time to PROBLEM SOLVE!
	1. Describe the behavior in detail using the **Observation Form**.
		+ Where does it happen?
		+ When does it happen?
		+ Who is involved?
		+ How does it start? Stop?
		+ What is said? Done?
	2. Answer these questions using **Member History form**. Consider emotional and physical unmet needs.
		+ Could the level of dementia explain some of this behavior?
		+ Could how the person was approached or helped have some impact?
		+ Does the person have other medical or psychiatric conditions that might be active?
		+ Could personal history (work, leisure, family, religion, personality, routines, etc.) play a role?
		+ Could the environment or cues in it be causing some of the trouble?
		+ Could the time of day or personal habits be a factor?
	3. BRAINSTORM with the Puzzle Pieces
		+ Partner with CLI IDT Staff and actively involved significant others. You are not alone!
	4. Come up with a **PLAN of ACTION**!
		+ Decide on **what** to do
		+ Decide **who** will do what
		+ Decide **how** to do it
		+ Decide **when** to start it and when to look again
	5. Are things better?
		+ Yes – CELEBRATE! Woo-Hoo!
		+ No – RETHINK and problem solve again!