

**Is this a Problem Behavior NEEDING to be fixed?**

Does the behavior put someone at RISK?

* No – This is not really a PROBLEM behavior for the person with dementia. It may be irritating or embarrassing for the caregiver, but it is really a “SO WHAT” behavior.
  + Learn to let it go!
  + Leave it alone!
  + Don’t sweat the small stuff!
* Yes – It is time to PROBLEM SOLVE!
  1. Describe the behavior in detail using the **Observation Form**.
     + Where does it happen?
     + When does it happen?
     + Who is involved?
     + How does it start? Stop?
     + What is said? Done?
  2. Answer these questions using **Member History form**. Consider emotional and physical unmet needs.
     + Could the level of dementia explain some of this behavior?
     + Could how the person was approached or helped have some impact?
     + Does the person have other medical or psychiatric conditions that might be active?
     + Could personal history (work, leisure, family, religion, personality, routines, etc.) play a role?
     + Could the environment or cues in it be causing some of the trouble?
     + Could the time of day or personal habits be a factor?
  3. BRAINSTORM with the Puzzle Pieces
     + Partner with CLI IDT Staff and actively involved significant others. You are not alone!
  4. Come up with a **PLAN of ACTION**!
     + Decide on **what** to do
     + Decide **who** will do what
     + Decide **how** to do it
     + Decide **when** to start it and when to look again
  5. Are things better?
     + Yes – CELEBRATE! Woo-Hoo!
     + No – RETHINK and problem solve again!