

Adult Day Care

Setting:

- Day program that provides services while caregivers are at work or need respite
- Individual or group setting for those who need assistance with ADLs, supervision and/or protection
- Individual or group setting for those who are cared for in another setting but lack social opportunities
- Partial or full days

Clientele:

- Adults with dementia
- Adults with mild to severe impairments
- Elderly

Provide/contract services:

Activity Programming

- Based on varied levels of individuals enrolled

Personal Care and Supervision

- Activities of daily living (i.e., walking, grooming, toileting, eating, exercise, and rest)

Nutritional Services

- Meals
- Nutritional snacks

Medication

- Medication Administration
- Supervision of self-administration meds

Socialization and Activities

- Indoor/outdoor activities to meet physical, social, and leisure time needs
- Outings to points of interest/involvement in the community

Respite Care Services

- Providing day or part-day, daily, bi-weekly, daily services as needed or desired

Limitations:

- A statement signed by a physician, PA or RN within 90 days prior, or 30 days after enrollment showing:
 - Screened for communicable diseases including tuberculosis
 - List of current diseases, chronic conditions, and allergies
 - Activity restrictions
 - Prescribed medication list, including dosage
- Business hours
- Five days a week
- Some offer evenings or weekends